

► SUMMARY

Setcan's StressVest simulates being shot during firearms training. It comes with four modes of operation and 12 different settings. The StressVest is a reflective body panel with a battery control pack and a set of electrodes. The shock varies from irritating to unpleasant to painful, teaching officers how to work through the pain.

► MORE INFORMATION

www.stressvest.com



The rear-worn controller for the StressVest has four modes and 12 different settings.



STRESSVEST

STRESS INOCULATION FOR FIREARMS TRAINING

A hit on the StressVest from the laser-dedicated firearm triggers either a vibration or a mild shock.

Learn to concentrate on the fight, not the pain.

► By Don Munson

Reality based training has always been a struggle for trainers. We get pepper sprayed or TASERed to be able to testify in court to the effects of less-lethal force. However, for obvious reasons, we cannot fully experience being shot during firearms training. Trainers have been implementing a wide variety of options from paintball to pellet guns to try to fill this gap. Now we have another option in our arsenal—the StressVest made by Setcan—who also makes the ShockKnife.

The StressVest is a reflective body panel with a battery control pack and a set of electrodes. The electrodes are spaced a short distance apart, designed to be worn at belt level against the belly or at the bicep of your gun arm. The unit runs off a nine volt

battery. The lightweight, reflective panels register the hits from the laser emitted from the laser-dedicated replica pistols.

The StressVest comes with four modes of operation and a total of 12 different settings. The first mode is “role player,” a beginner mode. This mode sets the unit to vibrate at each hit or after two to three hits.

The second mode is “move to cover.” This can be set to either a vibrate on the first registered hit with shocks for following hits, or low to medium shocks for the first hit followed by increased shock intensity with subsequent hits. The idea is that if you stay exposed you will be punished.

The third mode is “stress exposure.” This is more of an advanced mode with shocks of the same intensity for every hit or a vibrate and then shock with every subsequent hit. There is no greater teacher than pain. The goal of the StressVest is to invoke that reactive fear of pain from the shock and to teach the student to train his mind to work through it.

